

NM025 900802 Modernize your insensitivity, into sensitivity. If positive, you'll be creative. if negative you'll be destructive.
Española, New Mexico

Today is a very sad day for United States. Iraq took over Kuwait in the Middle East and that is the beginning of the great world war. Isn't we saw that master, Nostradamus. He says the war will start from the middle east. My idea to teach a class to you is the basic idea how to succeed in life. That is what I wanted to do and today I am going to talk like nitty gritty where you fail and why you fail. That is the life. To start this class we have to understand something. God has not discriminated against anybody. Everybody has the same frequency, same electromagnetic field, same brain and everything given same. Human concept is exactly as it should be. But when on hundred twentieth day the soul enters the body it becomes a living child. From that day all the imprint of the mental concept of the mother becomes the imprint of the child. So, in our life, sometimes we are unable to erase those concepts. The world at large is not willing to acknowledge that there is such a concept. But that is not true. That concept is there. How the mother feels, how she understands, how she wants the life to be. What is her concept about the totality, universe, her self confidence in her dharma, religion or self confidence in her own neutral self, her passion, her confession to her own strength. All this put together makes the basic pattern, we call it elementary pattern. Afterwards child is born. From yes, yes to no, no. For running after everything or breaking everything, from opening everything. First seven years makes his personality. And then four year more. The first eleven years makes his character. That is the basic person. It is easy to take a piece of wood and carve out of it elephant. But if it is a oak wood, it is an oak wood. And if it is some other wood it is some other wood. Once I remember I wanted to get a table done. It was in blood wood. Now this blood wood needs special tools. And somewhere it is harder than even that of the hardest wood. This is the only wood which sinks. It is heavier than water. Table cameout all right. It was table as that any other table can be. But it was not a teak wood, neither it was not any other wood, it was a blood wood and as you pick it up it is heavier. So what I am saying is the basic quality of a person is based on basic element. In our world we say the child is born. What is the responsibility? Educate him. Let him learn the language, let him learn the grammar, mathematics. If the person graduates, let him have the trade. Either you teach him by practical means or you teach him by college or other training centers. Person goes in life as he works he gets trained. Some become doctors, some become engineer, some become holy men, some become pick pockets. You can't decide. But one thing you should know. A fantastic pick pocket has the same geniusness that of the finest surgeon. On energy level, it is not what they do, it is how sharp they are. A good surgeon has to be quick, precise, keep control and get it done. So is a pickpocket. A great saint with great mentality and penetrating authority and an absolute radiant body in silence is exactly the same quality that of a thief. A thief meditates, understands, penetrates, get it, he is perfect. All great people, all, including all who are very creative are equally destructive. Because they cannot destroy anything if they do not create. So first they have to be creative. Then they have to be destructive. All our sexual abilities and our fears are based on our basic elementary concept. If we have fear of expansion, we will be unsocial, isolated, harsh, unkind, unconvincable, etc, etc. If we are not, we are otherwise, life will be like that. I have found out with my own experience people lie a lot. These are those people who are not sure of themself. Their concept is, I don't want to feel bad. I don't want to make anybody else feel bad. Let me get away. They are not life seeker or experience seeker. They are time seeker. They want to leave way. The tragedy in life is, some people do not have the nerve, they are phobic, they can't take discipline. That is where the tragedy stops. If you cannot be mentally disciplined, you cannot be living the discipline. You cannot be happy, fulfilled, and you cannot make it. That is what boiled down to. And it is not the people who suffer in life are very dumb and that kind of people. Actually very intelligent people, intellectual people suffer, very sensitive people suffer. Because they have anger inside. They are absolutely angry with the whole world. Nothing fits them, they don't fit with anybody. This is a criteria which we have to understand. What is our concept?

Now, if you happen to be Sikh or a yoga student and you do not have a control on your concept you must understand you are driving a car without steering wheel. You can control it with gears and with brake and with gas. How lucky you will be if you ever make it. You will make an accident. One, two, three, four, five, six, seven, eight, nine, ten. Then **you will become angrier, angrier, angrier, disappointed, disappointed, disappointed, frustrated, frustrated, frustrated**. Then all of a sudden you will hear somebody took the gun and sprayed thirty dead, twenty injured. Any person who has a thought. Thought will become feeling, feeling will become emotion, emotion will become desire, desire will become fulfilled or not fulfilled. When you understand this concept. Basically this concept doesn't qualify. When you keep on desiring and you do not deserve, you become neurotic. When you keep on desiring and you do not prepare to be deserving you become neurotic and when you absolutely do not prepare to expand yourself out of that lock then you become neurotic and from that neurotic you get to another stage you become psychotic. Neurotic and psychotic looks very ordinary thing but this one thing is sure. These people cannot be trusted. Not that somebody cannot trust them. They themself cannot trust their own self. That is how bad it is. It is not that they are not successful, it is not that they are not educated, it is not that they are not real. It is not that they do not want to be good, fantastic, smart, etc, etc. But, they have no self control.

If you do not have self control my dear, you do not have self direction. So when you do not have self direction, one thing you have. You have to be directed either by time and circumstances or by some other person. Both way it is hopeless and that is where real pain in life starts. How people some are rich, some are not, some catch the opportunity, some don't. It is not true that you cannot be successful. I know a man who started a cleaning job. He used to go in the restaurant and clean the restaurant for food only. I asked him, "What else you get?" He said, "I have no place to live. I go clean the restaurant and sleep there." In the morning I bathe, get ready, they come, I leave." And that is how he started. Today I know he has the biggest cleaning company. He is a rug cleaner, he has one section window cleaning. He has a one thing which office cleaning. I asked him jokingly, I said, "How is your cleaning job?" He said, "I clean everybody. I clean them out." I said, "My God, in financial terms how much you make?" He said, "My business is in about ten million to fifteen million dollars a year." I said, "What?" He said, "Yeah." At this moment fifteen hundred people work for this man. And they do nothing but cleaning. You call. You want your house to be cleaned it is cleaned. You want your refrigerator to be cleaned, it is cleaned. He developed that little cleaning job to the point that it is amazing business. It is a very funny thing. The crew which goes to clean the house if they clean it perfect and they don't break any part and pottery, they are very cautious. They come back report. Job A-1 done, or incident, accident happened. If they report A-1 job before even he charges the bill, he pays them 10% cash on the spot. He has organized such a genius business out of nowhere that nobody can even consider and think. A job just called cleaning job can be worth ten, fifteen million dollars a year. And so many people can be working under one man. It doesn't take a genius to think in a smart way. Because if you are calm, sober, quiet, peaceful yourself. You have a confidence, you can expand. But when you are irritated, phobic, fear, insensitive, neurotic, you can't achieve anything.

The main thing which I have seen people suffer is the anger. It is right here. But if I don't want you to get rid of the anger because anger means digestion, "agan granthi". "Agan granthi" means digestion, circulation, beating of the heart, whole thing, working of the lungs. It all means heat process in the body. "Agan" means fire. "Granthi" means the chakra. Heart chakra. Relates to that.

So tonight I would like to share with you some little situation which you will work and just understand how wonderful it will work. Now we will work and the work is simple. We want to modernize our insensitivities. If you can modernize your insensitivity and your sensitivity becomes positive you can be creative. If your sensitivity becomes negative, you will be destructive.

1° Kriya 14 minutes: Look at the tip of your nose. Hang your hands. It will be very easy posture. If it is not easy, somewhere you are out of balance. If you are in balance it is very easy. You don't have to do any miracle. Just hang your hands like that, in front of you and look at the tip of the nose and sit straight. Automatically something will start happening in a few minutes. Don't ask me why it is working. Just watch. It will blow your mind. This is a body language. You will freak out. Control yourself. Don't react. **(Sat nam ji, wahe guru ji tape is played).** Now you can only hold if you concentrate. Otherwise your hand will start going down and it will hurt, but if you meditate and concentrate it will be easy. It will work both ways.



2° Kriya 20 minutes: Slowly bring your hands down please. Very slowly, do not hurry up. Lock the fingers in your lap, put your thumbs together, sit straight (BUDDA Pose). Chant please. Inhale deep. Straighten your spine. Sit erect. Concentrate. Exhale. Inhale deep. Hold the breath. Totally stretch your body within yourself. Synchronize it. Let it go. Inhale please deep again. Little more. Hold it tight. Move your belly button powerfully and fast. Relax. Just relax now. Talk to each other and feel good. I do not know when we are going to teach the next class. Next Wednesday we will take the other part of it. We would like to go concept and conception of the energy within and we will go by sections and by doing it sections we would like to let you know you have the power to manifest whatever you want.

It is not true that you are bad, it is not true you are good. It is not true you are great, it is not true you are small. It is not true you are wise, it is not true you are fool. Question is whether you can achieve a concept and before achieving a concept idea is whether you can make a concept. No house can be built until there is a blueprint and blueprint has to have a full explanation where, how much, what? What is the roof? What is the weight, what is the beams. How thick is the wall. What are the corners, what are the angles. What is the foundation? What are the mortar, pestle, all that has to be strategized. Exactly human life is like that. Anything like vague and vulgar, vast and uncontrolled and undisciplined will bring you nothing but disappointment and pain. Take it for granted. Because you are anti God. You are anti Christ. You are anti Nanak. The whole universe is in harmony. Everything is exact to the point. Sun rises, sun sets, weathers, earth moves. Not a one thing is unpredictable except human. And any human which is unpredictable shall be unhappy. That is the law. I can't change. You cannot change. That is why man understood that there is no fun to remain in unpredictability. He started a line of action, to draw a line. It is called dharma. If karma proves the dharma,

happiness, prosperity and grace will come. If karmas do not prove the dharma unhappiness, tragedies will be all around you. It is my dharma to rest, relax, recuperate. When I flout it, I suffer. It is not anybody is above law. Law is a well balanced law. It is my twenty years I do not stay in Los Angeles when there is a heavy smog and whenever I have done it I have suffered. There is nothing I can do about it. I can make all the excuses in the world. Oh no, no, no, yeah, yeah, yeah, may, may, may. But fact is every sequence shall lead to consequences and every consequences has to get the price paid.

What we will do is with the ashram classes and anybody else who wants to participate we will go basic human concept which never has been taught. Which you don't know. Which you can't perceive, which you can't conceive. And that is why you suffer. I have come to conclude that very well. So we will get to the concept, elementary concept. How to make it and how to control it and how to discipline it and how to expand yourself within that discipline concept.

May the long time sun.....

God give us health, happiness. Give us wealth and prosperity to serve Thy grace and divinity. Give us peace of mind, tranquility and service to all in Thy name. May we wish and feel goodness all around within us and without. Be with us with every breath of life and let us be conscious about it. Sat Nam.