

M086 930123 M086 930123 Prosperity fulfillment & Success circling your Psyche NY-

Sit down, sit down, you are going to... Sit, sit. You hate me later, just done worry. Happy am I, happy it is all. When you will be through with me God! you are going to say get out of New York. Well, this is thanks to Bill that we could come to Washington and it was obligatory to come then to New York to make you miserable one night and that's what I want to do tonight. So sit down and relax and feel good for the while before we start the class. You are New York is all of you?

Students: No.

YB: No.

(Applause)

Oh where are you from?

Student: (---)

YB: Oh you are from the village. How many of you from the village?

Student: (----)

YB: Oh basically you are from this area, right? How many of you live in the High Rise? I'll pray for you. Can't believe but anyway.

The problem now is not our likes and dislikes, problem is much more different than we think it is. And you know I am a different kind of person. You might have experienced some of you with swamiji and yogijies and padres and all that.

First of all I am not born in sin. My mother and my father never sinned. They had a good intercourse and I got conceived by the will of God and I grew up as a man of God. And I have no sin about it. And I don't feel any inferiority and I am not worried. So I am not finding God, God found me like every mother finds her child so mother nature found me and gave me a nature of ecstasy and God father found me and gave him courage and strength to live in me and same way you all are. If you have been taught that you are born in sin and you have sinned and you are wrong and you are going to find God outside, that was a bull of the clergyman, holy man like me who wants money, until we do not sell you the fear and inferiority complex you are not going to pay any money, you know what I mean? So we end up promising things which are totally, stupidly wrong.

Man God created, man include human it's a old English, that got created in the image of God in perfection. And a perfect God cannot create us perfect when He is not perfect. How can a perfect create imperfect? No, our rules are different, some are to act stupid, some are to act wise, some are to act emotional, neurotic and some are to act like saintly. Some have to be Yogi and some has to be insane. Yeah, some has to be prostitute and some has to be Goddesses. It is the role which has to be played according to the karma. That is sure. Action shall create reaction whether you like it or not. It's none of your business. The only way you can break through action and reaction formula, if you somehow have vitality in you and resurrect.

I am a psychologist too. shrink, you know you call him. I have counseled millions of people, my wife does the same, she is Ph.D. in psychology too. We find it out, you want to love, you fall in love and you are really very loving people but you are very, very stupid. You fall in love but you don't go blind, love is blind. Where there is a love there is no question, where there is a question there is no love. So I don't know what kind of love you have and what kind of love you are trying to practice.

Love is not to get what and satisfaction and fullness, love is to prove you are complete, you are full and doesn't matter what you will come through. How many of you practice that kind of love? Hey, we are friends aren't we? So we are talking, we are not, I am talking divine and you are listening to me. I sitting high so I can look at you, that's all, nothing high and low. I am not in that stage that I have to sell you my wisdom or my intelligence. I am at that stage that I have to provoke a hell out of you to make you understand you are no stupid. We spiritual people for century has made you stupid, made you fight and made you totally insane and what we've done is we have put God beyond us rather than within us. That's the tragedy. There is no tragedy

among us, absolutely, all the wisdom I can teach you is bookish, you go read in a library. That's why I teach nothing but it's in library, I teach experience. I am a different kind of guy.

I came to United States not to become a citizen and be here. I came here just to have fun for three days. I got stuck, didn't go back, like normal, still Canadians are mad at me, still it's not, you know they helped me to get out of India because I was a part of a bargain, then I am very grateful to prime minister Tutto and George Jame Canadian high commissioner to get me out of my own country but when I came to Canada it was too cold. I didn't like it and my clothes got stole, I had no money, I had no friend. It was a new country, they stole my shoes. Yeah, I was barefooted. I used to wear that Global mail, that newspaper, thick newspaper on my feet and tie it with a rope and walk out, attracted lot of attention, but in two months I was on the front page of Global mail. I did a wonderful job, I am very creative, very creative, believe me.

I believe that every man has a vitality, dormant and if invoked that very person can become a jewel. Look at this. Carbon has no price, carbon is a gas, just make it positive it'll become charcoal. What is the price of a charcoal? Just get into a crystal form and then you have what diamond? Pure carbon and nothing more and just cut it in it's fosters and facets and sharpen it, God! is it a brightness, brilliance is there. If you lack brilliance then you are born to suffer. Are you with me? No. You are not, you do not know brilliance. What's brilliance? Ah, ah I knew you will say that, that's why I stopped. What's brilliance?

Student: (---)

YB: Jesus Christ! Brilliance is that bewitchment through which you can't get away. And if you don't have the power of bewitchment, your environment, and your facet, and your projection, and your goals you are lost. You never came to hear this right? You thought that Yogiji will come and say, "Everything is peaceful and things are very nice, God bless you... We can have fun," well, I am not that kind of impotent man neither that kind of Yogi. I see the suffering, the pain and the tragedy of human and I can't take it. I started a single man crusade. Man has the right of happiness and it is within us. Every flower has the chance to blossom and every fragrance has the chance to prevail and that's human. You know you make all this makeup for what because you don't know you are beautiful. If you know... Look I know I am very beautiful though I may look ugly, right, old man, that's all right. But I am very pretty, photogenic, In Washington it is very funny. In Washington every camera listen to me, they got me on everything but it's okay, I attract that kind of attention. I am funny guy, are you funny?

How many of you, feel honestly, truthfully, that you can walk in your own life with a humor? Ah, yoo, 3HOs, get up three o'clock in the morning, take bath, what are you raising your hand for? I've been yelling at you for all these twenty five years. You know what a humor is? Anybody who has the art of humor, time and space and calamity cannot hammer that person. It's the only way to victory. Humor is good. How many of you read my book 'God, Good and Goods?' What I should do for you? Nothing. I am a very wise man by the way and I have forty books out, read them. I am on my way out, I've got to go to my home. My God, my Creator. I actually work with this people, served them. They have become so strong now they pray they will not let me go so I am prisoner of the time, under normal circumstances I would have gone but these guys sit down and start chanting and meditating and I am struck. Actually that's true, it's not something.

I just used to think in India, one day because I came out of pure hatred, I start hating everything because I was in charge of custom airport and I used to see you Western bringing tons of money and coming to India to learn and you know according to the rules you come India you declare your currency and when you used to go out I used to have a comparative statement and I used to see you taking back nothing. And I know that Indian won't teach you because you are untouchable, you are Christians, Judeo-Christians. You may be very macho here and great and all that, to Indian you are just... So I know you just wasted money in Swamijis and Yogis and I used to laugh what these people are getting here. So when I came to circumstances pulled me out of that, I decided that I will never initiate a person, I'll never have a student and I'll come and I'll create teachers. Now by the grace of Almighty God and my personal efforts our students can teach anybody, accept any challenge. Because

if you know all the bookish knowledge and you can experience that vitality you cannot hold virtues and without virtues you are not happy and happiness is your birthright. The facts and facets must be controlled by human experience and unfortunately in the beginning it is you, in the middle it is you, in the end it is you, beyond you nothing exists. There is no God there. He is in you, bad and good.

I am asking you a question, do you know why God created thieves? So that policeman can be paid and a what a wonderful city, here garbage truck has been stolen and nobody can find them. I got that news, I say, "Wow, God bless New York." I live in a place, it's called Espanola, it's a mud town, it's made with clay, you know that. How are you?

Student: Fine.

YB: Feel good, still shy?

Student: No.

YB: You didn't come and punch me. It's okay, ah it's a very beautiful mud place you know with Vegas and mud breaks and sunshine, good air. You have what forty dollars a foot construction. We pay eighty five for the mud, but it's good. Lot of land, beautiful skies, good water. I made that place as my home when I came to United States because I started working with hippies, who have become yuppies and today we have president who is a yuppie. Yeah, yeah, he is a perfect yuppie do you know that. Actually I didn't have any intention to stay in America I wanted to go back to Canada. I had in a contract but somehow I saw people in drugs and I started saying "Drugs are drags. You have power within you," and people said, "Prove it."

"It's okay I'll prove it." So one thing led to the others. I started with hog farm and duke savages those kind of things. Pop festival and Woodstock nation. And today what you are talking of the new age and change, it is a yuppies age, New America, conscious America, America which loves America. We don't have to say it. America which is proud to be America. America which can tolerate caste, color, color of the skin, deeds, actions, right, wrong. America which is kind and compassionate, it's a different America when I came and it's a very different America today. You know what I am saying? And we are grateful to God Almighty and we are happy within ourself for God blessed us with that America. It's a very, very, very... You know I would not have come in swearing of the oath. When my friend Billy Gram was going to give dedication, I knew what he is going to say, "Oh, Lord we have sinned, help us." I was going to ask him when? Show me. But he is a old friend of mine and I was nothing, I was sitting just opposite, I say, "Hey Billy you did a thing again." You know it is very funny, we ask God, we have sinned help us, why don't you people say, "Yogiji don't sin, help yourself." Isn't that possible?

Become your own teachers, teach yourself nobility. Teach yourself grace, teach yourself vitality, work to walk on your own feet and be human God within you. Try my formula you will never regret it. You know it is most idiot to search God, fifteen breath a minute you average breathe, fifteen times God comes in you and make you live. Ten trillion cells you've got, thirty eight trillion cells are living cells dance in you and you are searching God still, for what? So what happened is that we the religious people. We wanted to make a fun of people, we wanted to organize people, we wanted to control, it's a control syndrome. We wanted followers and we wanted crusades. Everything we did was in the name of God but now it is not practical. Now everything has to be done in the name of love, consciousness, kindness, compassion and humanity, it's a different era. You may not like it what I am saying today but this is gut going to be. Men must not suffer, people must not be mentally ill, the depression must not be our all time companion, hatred, competition, 'He got a big house, I have to have a big house.' There has to be contentment, there has to be a calling inside, 'I am, I am.' There has to be a confession, 'I am beautiful, I am bountiful, I am blissful.' It has to be. With all your wealth you can't even buy one breath of life when it is over. So what we are talking about? What we have in life? One breath, one moment, one breath, one moment and one word, that's all. Somebody said, "How good he is?"

He say, "Let him speak, we'll tell you." You open your mouth you are known in seconds. Your one breath you can't take it, you can't take it. One thought, you are all victim of one thought, thought becomes feelings,

emotions, desires and your pursue but it's one thought. Love is a thought. I love you, it was thought. It was pure, thoughtful love and love full thought that now we have come to Washington let's go to New York. Nothing, it was not necessary. I am not that kind of teacher who lives on teachings, I have my own corporation, my own business, my own money, I am rich by my own right. I pay, I don't get paid. This is my entertainment. No, no, I am in, I am very happy man, in spite of my miseries. And I am very courageous in spite of my calamities. And I am very confronting and successful and winning man except all my defeats visit me all the time. I am a warrior and I love calamities. They keep me alive.

You want to know a funny part? I was in a hospital, so they have all the spaghettis around me, you know, the needles and the whole thing and then everybody come [came] and started taking my pulse in my feet. It was too much, I asked, "What they want?"

They say, "They touch your feet and they get healed." You know when I got rid of those spaghetti and all then I started touching my own thing. I say, "Act with that if they get healed why cannot heal myself?" It's totally ridiculous what I am doing here? Paying bill?" Yeah, I am professionally the greatest healer, I just can touch and heal a person. I can give him experience of God in a second and I just forgot, totally forgot. Four hundred and fifty dollars a room a day and bills running like this, this and do you know for how much they healed me? They clogged up, arteries were clogged up, they closed it permanently right side, that is the only thing they gave me as a gift in the hospital. Do you believe me? After stealing my hundreds and thousands of dollars they say, "We want to regret to tell you that by mistake in angiograph we have messed up your right artery but you have a strong left, you are going to live."

I say, "Stupid, if you had told me before I would have lived anywhere." But you know, you live by your will, when you don't have it you are given up your will, you are called devil, de-will. Devotee is that who doesn't vote. That simple words, understand means stand under. Even you know in unhappy, happy word is there and we are responsible for it.

So you are ready for the class? Which way you want it? Make a choice. Medium, no, no, not that, they can't, it's too much, no, no, no. One day I'll like to have a goodwill rather they don't know, they will be swollen tomorrow, are you kidding? No, no. We'll go meet him tonight. How many of you have practice in Kundalini yoga? It's one third only, poor new people. What are you doing, make them miserable?

Okay, we will work on the polarity of the ida and pingala, left and right vitality sources and we will go in the stem of the brain on the second rotary to make ourself, pleasantly pleasant. Yeah, you will see when we finish. It is a finally fun. We will take away your perpetual inferiority complex, that's what I am against the after these people as one girl told me, "I want to do this but I can't."

I say, "This can't has to go away out of you." And now she said opposite you know, "I am doing this undesirably." Can't, she can't utter. I was so mad of the word can't, I pull it out of her memories. What can't, everything is can't, can't, can't. Whatever you speak is a mantra, it's a mental projective vibration it will affect your neurons and your hypothalamus which is your control of the automatic and take the pressure from the medulla then effectively gave your personality, that's how it works. This, 'I am freezing, I am starving, and I don't know.' When I heard in America once somebody said, "I don't know." I fell back on the chair myself.

I say, "What kind of a person that can be who doesn't know?" You've got to know, you have to know. If you don't know who are you? Who are you? And you tell somebody who you love or will respect and your friend and you are going on a date and you tell him, "I don't know." He should drop you dead out of the car, kick you out and say go, "I don't know either who... Why should I spend fifty bucks on you tonight and even you don't know?" You know I am This is a fun, what's the idea?

"Are you my wife?"

"I don't know."

"Where we are going?"

"I don't know." And there is another word I've found out now, "I can't say it."

“What's difficulty?”

“I can't say it.”

“Oh say it.”

“I can't say it, I can't say it.” This is what they do. These are full-fledged human beings, thirty four, thirty five year old. It's amazing, God created everything perfect but it became imperfect. You know why? We lost our touch with out Creator.

Somebody once said to me, “Yogiji look, look, look that girl is beautiful.”

I say, "I saw her.”

“So what do you think.”

I say, "Creator did a real job. He paid extra attention.”

“Oh sorry, I thought you love beauty.”

I say, "I love beauty but I see who created it not what it is.”

You've got to see the creation. You wanted to be a rich, prosperous, beautiful, successful, hmm? There are two million therapies, right? You will pay for all that but tonight after this you have no therapy. One therapy is see Creator in every creative, non-creative act. Life is a polarity. One side the sick side, the health side, the corrupt side and the holy side. Oh by the way, everybody who has nine holes is holy. Watch out what goes in and goes out, that's called third eye. With these two eyes you'll read sign boards, with third eye you read in-between the signs, not what is being said, what is the intention what is being said. Intention if you can read, intuition will guide you, you shall be successful. Now it doesn't suit, ah, you understand or it goes over? Does it stay?

Don't worry what somebody is saying and somebody is doing, read the intention and moment you read the intention your intuition will give you the answer, once the intuition give you the answer you will exactly never fail. You know that day somebody was telling me, “Oh this, this, this happening and my secretary said, “What?”

I say, "Nothing.” It was all fake promises just don't bother it's not going to happen it's okay. You know why we lie? Because we cannot face it. We want to gain sometime. Lying is not bad, is it? Have you put yourself in a position of a person who lies and after five days he is going to be found out he is lying? You understand the misery of that person? You want to have the kindness and compassion from the people who lie? I do. Because they lie to me all the time, right in front of me. “This is this, this is this,” I say, “Yeah, yeah, yeah perfectly all right, yeah but there is, what do you think of?”

“Oh no, I know Yogiji I know you know everything, you know why I am saying this.”

I say, "Because you try to be asking me to love you in spite of the fact you are a stupid I love you anyway. You don't have to impress me, it's not right. We are okay.”

So we should do our first little exercise and then we will talk, okay, right? Little bit, right? Let us do one thing, what do we do?

**Kriya 7 minutes: All right, now sit positively and put equal weight on your butts which you normally don't do. You sit always on one side. Simple, put equal weight, equal weight means spine will be straight and this belly will be little inside and this sides will be little lighter, that's all, not much miserable, right, okay? Alert, sit alertly, just alertly, alertly. I am going to do this you have to do it exactly same, alertly, alertly, alertly... Pull the elbows which is your stomach, you neurotic eaters, I can see it, it is all wrong and widen the fingers like steel and stay, just at this level of mine, see my level and see all my whole finger, oh I am very pretty old man you must watch out. If you take a knife, cut my finger you cannot cut it at the moment. If you want to try it I won't file charges,**



**come on. That strong it should be, it should be very strong, it should be totally tensed. It should be your strength in finger.** This is Jupiter, this is Saturn, this is sun, this is Mercury, this is your id, just at this angle open your armpit, no, not, higher, I didn't say that, you were right, now don't go wrong and go steel, shunya, that's parthahar, squeeze your finger to the strength of steel and energy will suck in and your whole vitality will deal, there is no miracle in this and when you will be right, your aura will be right or release the energy and you will done. Okay come on, close your eyes and go, go, go after your youth, reclaim it, 'I am, I am, I am because I am by the will of I am.'

I am because God love me I am. I am because I am freak, clear, human, consciousness. I am the soul and I am complete and whole. It is my birthright to be happy and gain that happiness in you. Suck the heavens through the fingers, let it slip in and not slip out. Concentrate, concentrate, make them strong and strong, you will sweat I know. Strong and strong, concentrate, meditate, concentrate, concentrate. Don't you hate to be weak? Let the energy come in, let it come in, let it come in. I am well looking at the watch, you don't count. I'll show you when the game will be over, come on. Let it come. You need more, try hard. I am looking, that's why I am sitting higher. Tighten your fingers, the young little fingers tighten them. Like this lock. Tear them up, they will suck the energy. You will find how weak you are when you are doing this. That is where we mess up our life. Our inlet is less, our outlet is more, we end up empty. Let the inlet come in. Get in tighter and tighter and squeeze and squeeze. You have one more minute to go though, miserable time, come on, come on, one more minute, sixty seconds. Tighter, forty five seconds, tighter, tighter, tighter and tighter, try, close your eyes, meditate, concentrate, thirty seconds more.

Hallelujah, keep on, go, go, go. Fifteen seconds. Ten seconds, get ready, inhale deep, deep, deep, hold the breath and bring the fingers rest stress towards your heart center, tighter, tighter, you guys get tighter, exhale. Stretch out again, oh you will never get a heart attack or anything if you just do it right. Now tighter, inhale deep, hold tight, make the whole thing tighter than you can do and slowly, slowly, slowly bring it towards your heart center, bring it slowly, don't hurry we are not running out of time. Exhale. Wow and now this is the last chance, you are doing good. Spread out, tighter than before, close your eyes, squeeze your eyes, any pressure place you will have will be better than younger, that's what it means and squeeze in.

Squeeze in you children of God, squeeze in. Slowly there is nothing to hurry, we are not losing any damn place, we are here. Let it go. Wow, relax. Relax and be normal, have fun.

Hey, no meditation, close not the eyes, talk to each other, hurry up, relax. Be human, keep talking, speak to each other quick, don't meditate.

See me before I leave, okay?

I am not eating, why you are so worried about me?

Whosoever catches nothing my problem. Why you brought it you can have it.

It's good, good stuff, but I have only one. What should I do? Go to shopping? Well luck smiles, you will get it, see, ah. This is Siri Simran, she is my MLP, military little police, she controls everything. You know I am such a proud father, I raised her, she is as old as, I am in United States. And I changed her diapers and in my old days she is changing mine. One thing you must learn, she has a computerized book, 'How to take care of my health?' It's this thick. Every minute of it, her husband is a surgeon, very successful young surgeon and she is a great human service. Because once a person who go in my state as I went and I goofed that I traveled so much for working with my young people and everywhere I did not care for myself, like stupid, as I should not have done it, but my compassion and kindness, I am not regretful what happened to me. It's okay, I put myself on the line, I am very proud. I wanted to do it, it's not but you know when you travel everyday, this place to that place, that place to this place, you know we were having a supper in Washington at three a.m. and nine o'clock we were out. But it was fun. It was fun so everything which I am supposed to take on time and she has made a classical record, she has a lap computer. She created this thick book, but one day it will leave a lesson for those who are like me and who do not relax.

It was not I did it for myself by justifying it, like a Catholic I am confessing it. I've done a lot of 'Hail Marys' on that but 'Father, father I've sinned, what you know I did this and he say two hundred 'Hail Mary' father I did last week. He say that is so, because I studied in Sacred Heart convent and so excuse me. That's where I wanted to study the entire religion how can God create a man not real. Where is the real God then? You know in ocean we live at each other. On the earth we live with each other but as human we have to live for each other.

I don't know why human have not learnt it. This is amazing to me, it's totally amazing. How you feel? Together?

Student: Yeah.

YB: Yeah? When I leave tonight you will not be the same, I can bet on it. In spite of the fact that you will cheat, twenty five percent, twenty five percent is allowed in my class, beyond that is little difficult. I look good and I teach good, I wish everybody should do it at their own. You know I am not... My problem now is I am old, I want to rest, I want to sit under my cherry tree and teach second generation and third generation and I want you to go back time and look what I have left, what I have taught and start practicing. Why? We lose you. You all will be gone very fast, it's a Age of Aquarius. You live by the strength of your breath now not by the strength of vitamins. Don't tell me I am not right. I am not making a prophecy but I'll be sad to miss you and I am still lingering on, can you believe this?

So make it a point that every day, good and bad, right or wrong, you are miserable or you are happy, you have a gala night or horrible night, you will sit one time, any time and you will breathe thirty one breath in thirty one minutes. One breath a minute. Twenty second to inhale, twenty seconds to hold and twenty seconds to exhale. Do you hear me? You will have new vitality, new brain, your upper code will start working and you will make up in your life you can face the tragedies of life with smile. You don't have to call me. And if I am wrong call me bad names doesn't matter. People call anyway but if I am right and be honest tell your friends and tell everybody. This is the Age of Aquarius, this is the new age, Picean age is gone. You shall only live as a human with your full potential by your breath, 'Breath of life.'

“Pavan Pavan Parpara,  
Parpara Pavan Guru  
Pavan Guru Wahe Guru  
Wahe Guru Pavan Guru.”

Maha mantra we will sing in the end. We are deathless people. Now that has to prove only if you have a control on your breath of life. It cannot be otherwise. So the Lord God gave you life, He gave you so many million breath and when you are passionate, angry and all that neurotic you breathe twenty three to twenty five, twenty six breath a minute. Normally you breathe exactly fifteen breath a minute but if you are a Yogi and you start, Yogi of the Aquarian age not of the Picean, then you start breathing one breath a minute you connect, if suppose your life is fifty years, per fifteen breath a minute, right? And if you extend your breath one minute a breath you multiply it and you can live. There is no big secret, I mean to say lot of people tell me, “My Guruji lived four hundred years.”

I say, "Must be stupid God didn't want him." What he is doing here four hundred years, eating bananas? After a while it's no fun being here, isn't it? Yeah, it's not big deal to live four hundred, four hundred years for what? Go Home man you come from. Give some space to somebody who have... Sitting here and coughing like me. I tried everything to go but these kids are too strong, they don't let me go.

Hey God has no power, He is impotent, absolutely, absolutely impotent I know it, you know why? He can't create another God, ask Him and He is so scared like all of us, insecure. He say, “Thou shall not worship anybody other than me.”

(Laughter).

You don't read these commandments, He commanded us, nobody else but me. What a jealous God, ooh, hoo. It's a fun. When I read first commandment I started laughing and laughed so hard, I was three year old. And my mother superior was reported by my house mistress and she said, "Bhajan, what is wrong with you? That is a class in the chapel and you laughed?"

I say, "I did, can I laugh now?"

She said, "No, be serious, you know I love you but I'll spank you."

I say, "You won't, my father is mayor of this town, forget it. I'll get you a convent out if you do that. You can't punish me at all. But we can talk."

She say, "You are such a hard head."

And I say, "That's best."

"Well, that day I didn't do anything to you."

I said, "Ma'am I told you when the church bell ring people get in ecstasy so I went in ecstasy I don't know what you are talking about. I didn't come to chapel true when I heard the bell chapel came to me."

She say, "Stop this language. But why you laughed?"

I say, "Look, you always tell me when there is anything wrong come and tell me, right? Not anybody else, true? I said, "That is the first commandment. Love me and nobody else."

"But what do you want to do if you don't want to love God?"

I say, "I want to love trees. I want to love rabbits. I want to love His creation not Him. If He is so beautiful and wonderful why He created everything else?"

"But God is in everywhere."

I say, "What is the problem in loving a rabbit? If God is in that then it's fine, it's okay."

"What is upsetting you?"

I say, "That day, that mother so and so killed a rat. There was God in it."

"No, the rats are bad things."

I say, "Bad and good is His creation. I am not going to believe this. If there are not so many bad, how comparatively you know what is good?"

"You are little nutty, rascal."

I say, "That's true. That's the way I am. I am telling you, you call that mother and ask her not to kill the rats in the convent, rats are beautiful. I hate them but they are beautiful."

"Why?"

I say, "I hate them, I need something to hate."

She say, "You are making it up."

I say, "Okay, I give up but fact is I didn't like her to kill the rat."

You know if you understand your life, the life is a life, whether it is in a rat or a cat or a dog or bird, in evil or in a devil, life is life. That's why I printed on my card in the back of it, 'If you cannot see God in all you cannot see God at all.' Simple statement. People ask, wonder who are you? What you do? Do, do, do... You know in first class there are eighteen, nineteen, eighteen seats or something and within hour or two they are all drunk, you know. They are up high in the sky, the bread has risen, the brain bread has risen and they want to talk and majority of them know me one way or the other but one who do not know me they start talking so I give them my card they turn the back, they say okay. It's very easy to get off the hook.

Yeah, you only question your ignorance. You only doubt your arrogance, repeat it.

Student: You only question your ignorance. You only doubt your arrogance.

YB: Louder.

Student: You only question your ignorance. You only doubt your arrogance.



Now how many of you will question anybody from today? You know when you start questioning what you are questioning, your own ignorance and when you say you are in doubt you are arrogant because you can't investigate, because you are not intuitive.

So you are going to work tonight on that, ah?

Student: Yes.

YB: It's little difficult, okay? Will you bear with me for few minutes, ah? Hello.

Student: Yes.

YB: I don't want this yes. I want a big smile on the face, teeth out and say yes damn it, we are going to...

Student: Yes.

YB: That's the way to go. See I have become now like a electioneer. Okay.

You will put your eyes at the tip of the nose and you look deeper than that, there will be blue pearl arch here. That's how you will look, you will hold that arch and you will **take the sun finger and this thumb** and you put it like this, sit like this, this is how you look.

**2° kriya 23 minutes: (last 3 minutes play gong)** Hold that blue little circle underneath. Hold it. You know, look at the tip of the nose and look little deeper, you'll find the arc line of the Noah they call it in religious scriptures, if you read Cabala and other stuff but if you read yogic books they **call you the blue pearl. This is the arc of the blue pearl**, hold it with your sight, that will create optical nerve lock-in and give you your intuition, simple thing, no misery, and put in **Ravi mudra**, Ravi Singh is a good yoga teacher you must have explained you what Ravi is. Sun finger or ring finger what you call it and your thumb and sit straight, lighter, don't put weight on your butts like you are just sitting on them. Just let them be lightly touch enough. You want to see how I do it? Okay, this is it, you see this, right? And this is the light sitting and this is how it is. I am a good Yogi see, how I do it, nice. I love this.



This is pretty good and breathe the longest and the deepest, enjoy it, see what it does for you. I mean to say you have been without this acting crazy most of the time, that's not we need to do. Come on, hold on keep going. Every breath, put that yeh. Put that tape, that beautiful lyrics of mine 'To inspire the earthlings.'

**(The Tape, 'Every heartbeat....' is on).**

YB: (Talks over the tape) Body will go in impulses, don't worry about it. That is the healing.

It's called nerve itch.

Hold your beautiful bow and control your breath, that's all you need two things. You will be renewed.

Dive in for the search of your soul. Go into your fibers.

You cough freely, it will happen Body shall hear, it's automatic but don't control the impulse, keep going.

Body shall heal itself automatically under the center nerve pressure folks. Keep the optical nerve totally locked in and the brain rotary will start changing and healing your body all round without reservation. That is how I got out of the misery.

Come on, blessed one. Make your day.

Dive in. Your soul is God within you, dive in. Squeeze it and find it through your fiber.

Solid state, self-control. Feel, feel, you are divine human. Just by feeling your duality will go away.

Hold the blue circle, the arc. Have a control on your breath. That's all what you need.

And moment your body start itching and your mind start clouding you are in good shape.

Because then the garbage start flowing from the sub-conscious and the unconscious and you will be light, bright, beautiful.

Create misery voluntarily than facing misery without knowing. Release the sub-conscious now. That's what meditation is all about.

Come on, come on, now you are entering a era, you will start feeling stretched out and stress but it's a healing. Hold on your ground, hold on your steps. Ditch in. You will yawn and you will miserable and nerves will go shattered. That's okay.

And as time pass by and if unconscious start pouring in you will be really miserable but it's a self-control misery. It's not thrust on you, it's in your control and this way if you can control misery there is nothing better than in your life that you can have. So you can control your moods through every odd, through every calamity. Practice now and use it later.

Good.

And don't worry if you are not steady and you are falling apart, it's a part of it.

Cough, cough, don't worry, that's a part of it. Sneeze, cough, yawn, miserable, itchy. Body started sleeping it's the part of it, painful. Nerve itching here, left, right, there, up, that moving. It all will happen. Openly cough now don't stop it, it will give you... Because your glandular system is being vitalized and it is being tune in and it has to come to that understanding and then it start messing you up this minute, there is nothing wrong. Controlled misery is not that bad but uncontrolled is a hell.

Mouth will start running, nose will water out. Eyes may start doing it, you may start getting cramps too. This is all part of it, it's nothing so whichever part, the organ part, and the Chakra is weak, it's going to retune itself and you are going... Because you have locked in the seal of the life force, the sun finger. Cough, cough openly what's wrong with that? Steady, keep going, keep going through it. Now this is a very crucial point now you are entering a stage of body where ENT, eyes, nose and throat are going to make mess of you. The most vital part are [are] eye. In every sickness first you get caught by eyes, nose or throat, that's it, rest comes follows. If you take a onion a day you will have no digestive problem and you will not have cancer.

Ginger supports the nervous system, garlic, your youth, but it's smell not right. But to Italian, it's a joy.

Let the body go through all changes voluntarily under your control. By the way if you have a stomach cramp see the doctor tomorrow. You feel somehow you are binding with me.

Come on, use your vitality, stand to it. Fight it out, win, win.

Lean on the strength of the breath. You have exactly two minutes to go. This two minutes and half whatever it is. Be the strongest, you have two and a half minutes...

**Let body adjust, let glandular system adjust, don't worry about it. You are not on a candid camera. Just keep that pearl inside that's all, rest is nothing but a misery. Because body is adjusting to its normalcy. It's a healing process which is very fast. It will change the structure of the cells to original.**

Wow, you did it.

Now you have exactly sixty seconds. Transfer yourself into a prayerful person. Make your body look like a temple, do the prayer, you have one minute of prayer. Thirty seconds left. Any wish with prayer, longing prayer, asking direct shall be granted, not will be, shall be.

Hold your pearl and within these fifteen seconds left to you ask what you need to ask. Steady.

Let us walk into the space.

(Tape ends)

**Inhale deep, take your hand up please and shake hard right from the armpit please. Let the disease leave you. Armpit, armpit, not the hands are just to help. You block your armpit with some shoo thing and every dirt of the brain is supposed, this is the exhaust of it. The sweat in the armpit is the ugliest, the dirtiest, the stinkiest. Yeah, that's the way God made it. You block it all that garbage remain in you and then you complain, ah. You spend money to get sick. Put sandalwood oil there, then chemically it will be fine, you won't stink. Shirt you can buy new after six months no problem. Come on, shake. Hmm, armpits with the help of hands. Ribcage and armpits has to be shaken now. What do you mean by oh, oh, you've got to do it. Oh, oh doesn't**



work. Now one two three go, harder, harder, Jimmy Carter, harder, harder, harder, now stretch out, stretch out and lift your body. Stretch inhale, inhale, lift your body, lift, lift it, lift it, relax. All right, we are okay? Now, none of you meditate, don't close your eyes, patch, patch, patch, patch, patch, patch, talk, talk, talk. (YB talking to student in-between.)

YB: Now you are okay.

Student: Have you seen

YB: No, I just walked in...

Student: I did not hear may be we two talk later.

YB: Okay, see you, see you.

Student: Okay bye, bye.

YB: What is this?

Student: Okay, okay.

YB: What is this?

Student:

YB: Get on the microphone, read it. Hey go, go, go.

Student: This is a

YB: Niranjan, keep on opening she is reading it.

Student: I can read it.

YB: No, don't worry that, read.

Student: Okay.

YB: Read.

Student: Akal Jantre, the child.

YB: Read.

Student: Oh dear child of this new age, beyond time and space know you are soul of souls, you are heart of hearts, you are light of lights.

- 1. From your first body you were born, here you touch your soul, you are awake. Your heart is open, you are the energy of the sun.**
- 2. In your second body you are righteous, alert with your mental intuitive way, you protect and correct yourself.**
- 3. In your third body truth is your name. You assess yourself, you are hope, positive, penetrating and creative.**
- 4. Your fourth body speaks, 'I shall not pursue.' You are practical, determined and secure. This is your inner consciousness. You reach your equilibrium and live it.**
- 5. In your fifth body you have ever-flowing strength and absolute wealth. You are balanced. You have no animosity.**
- 6. Your sixth sense is your shield running your destiny. You are clear, right and beautiful. You carry the two swords of life spiritual and temporal, manifold and simple, undying and humble. There is a castle around you.**
- 7. This is your seventh luminous body, your habits and attitudes, your projection, your total character aura where your intelligence shines, your spirit elevates.**
- 8. Eighth is the most fun and the most serious, this is your very life force. You inhale and you exhale the rhythm and power of your strength, you are young, innocent, rich and raw.**
- 9. Your best friend is your ninth body of light. Here you are subtle, refined, graceful and cool. This body never dies. It will carry you. It is the guardian of your spirit, your health and your life.**

**10. With your tenth body you can cut through anything. God is in every limb of your body. You are noble and radiant and excellent, with your hair long and your nerves strong you will shine like steel and glow like gold.**

**11. Eleven is your lantern, your true guide. It never changes. It is in each aspect of all your ten bodies and even more than the power of your word because it multiplies by infinity. You can express your energy on any of your ten bodies but eleven is the blessing you can show to others so that they can look inside too.**

Oh dear child of this new age, beyond time and space know yourself in ten bodies and one consciousness we are merged in truth.

This is given by Adiya Khal Singh 'The child of the new age.'

(Applause)