

NM067 920723 HYPNOTIC TRANCE MEDITATION

Santa Fe, NM

Best of New Mexico blend it in a milk drink, . These are not medicines, this is food.

Student: (-----)

YB: What? Nay, black, black pepper and that's why we went to conquer all south east Asia, for black pepper. Because allergy is gringos' disease. It's a white skin disease. Because the observation of vitamin D through the sun is minimum. So suffering is inevitable. So whenever the is in the air or weather changes, you all get in trouble. So if you take... That's why black pepper and salt is on your table.

Student: (-----)

YB: It doesn't matter what medication. Umhu, medication doesn't make difference. whether body reacts. Allergy is nothing but the weakness of the subtle cell for the immune system.

You know, there are system in your body. Parasympathetic has its own family, sympathetic has its own family, action nerves whole family, then there is a glandular system. The glandular, the nervous system, the glandular system, then have the organs. Then you have muscular . Dr. Hari Jot is not here, this morning he came first time he reported, he said, my bladder meridian is wrong, my this meridian is wrong, three meridian out of six are wrong. I say,

“Oh, yeah? What you are going to do?”

He say, “What you want me to do?”

“Correct it.”

And he say, “Well, I have to use needles now.”

I say, “Oh-Oh.” I say, “Give me a minute. I'll fix it.”

And I stood up with him. I was sleeping, . Nine o'clock. Nine something. I slept about eighty thirty this morning. Because I was working with Moscow and all that. I think that overwork did it. I got a one minute with him, he checked it, it was all set. Then I got another minute, it was the best, I let him go. Saved six needles in my body.

If you stretch your body thoroughly and put the skeleton in order, skeleton, bone skeleton which you can... Muscles will press the meridian and correct the system. And that's what acupuncture does. It gets the needle into the energy meridian and it reacts heavily and corrects the whole thing. There is no big deal, science is science.

The first medicine which man ever used was cooked food. They ate everything raw. Even when they became meat eater, which was the barbarians, they eat meat raw. They started cooking later, they started preserving, cooking and all that stuff and one of the thing they preserved and cooked was the medicine food. They'll take cup of herbs and do it.

Body needs nurturing, like a baby, all the time. Brain need clearance, like house, all the time. Spirit needs shining, like a lamp candle.

We are filling it up, that was not expected.

Welcome, welcome, welcome, . Oh come on, sit down, folks, we'll start the class. I don't want to get in the middle anybody and, because I am going to put you in a trance, you are going to lose yourself and then will be a mess. I just start a class there and I have to cut it down today because the... It's very funny that this 3HO people, they don't value themselves, they are all going like and I said to myself, if they really fix up later, we'll need five people purpose on whole night and it will be a mess. cut it out.

Okay. Is that enough now? Amrit we can start? We have your permission? All right.

All right, listen to this fact of life. Everybody knows his age? Right? You all know your name? Right? You think you are human. Right? That's true?

Now. Actually, technically speaking you are a mammal. You are a mammal with intellect. Animals are more intelligent than you. Take it or not, believe it or not is your problem, not mine. Every animal has common given intelligence. You have intelligence dormant and intellect automatic. That's why you get one thousand thought per minute, per wink of the eye, multiply into, God knows how much! Too much. All right.

You are a mammal. And you are a earthling and then you are a human. And then you are a identity. With identity, you start your reality. Before that, you just come and go, you just fill in the place. You have no existence. And you can count identity like . People who are still alive and can be identified and have identity. Rest all is fill in. For your satisfaction, you have a house, you have a car, you have a job, you have money, you have children. It doesn't matter. As a earthling you exist, as a human, you try to do good existence and you are, as a human, you are three parts, the beast, the human, the angel. Angel is which gives you the identity. Some people do not understand why beast, beast is as important as human, human is as important as the angel. I am summing up whole week's lecture. So all put together, what's your option?

You have only one option in life, everything else is and that is to create an identity. Identity which must have act, tact and creative impact. You have to have a pact with yourself. Not with me, not with anybody, not with God even. You have to have a pact between you and your consciousness. It's right or it's wrong, whatever it is, it's you. Make a pact. And learn the tact to act. To create a impact. If you don't have a blueprint before you the guide line you are still not doing a thing.

Existence, animal exist, the goat exist, they eat, they make the baby goats and male goats and they fight, they sex, birds make their nest, you make home, fish live on fish, we live on each other, you have all the qualities, quantities of everything you deny you don't. What you called civilization, you are not civilized at all.

What you call civilization is called trend, a track, in which everybody has to fit in. You are civilized, if you fit in the track, if you don't fit in the track, you are not civilized. There are lot of wise people who don't fit in any track. It means they are not civilized? They are. In every culture, there is a civilization. In any geographical combination, there is a civilization. When came the time of Nanak, he crossed geography and individual personality. Before him, there were religions and wise people, cultures, and terms and conditions. He knew it all. But he stood up and he said,

"Your thinking is puzzling you. And your schemes are bothering you. And your search is destroying you. You are hustlers. You are commotional." And finally said, "You are ego maniacs."

Whatever you have, the religion and this and this, is give you ego. Bigger the ego, greater mess you create. You need guidance, you have to go to the pundit. Or to the priest or to a swami or yogi, whoever that nuisance is. What he is going to do? He is going to tell you,

"Follow my way."

But first ask him,

"What your way is? "

He will open up a book, can't you not open the same book? There is a great story. Emperor Akbar, in his court a sufi. A sufi walked in, nobody dared to stop him. There is a certain elegance about religious man. In India, not here only, the movie stars the star, in India, still the religious men are the biggest stars. So when this man walked out and everybody recognized he is a sufi fakir, and he is so and so, they everybody saluted and let him pass. He went into the court, Akbar saw him in the middle of the court, got up, out of respect came down, received him and asked him what he can do for you. He said,

"I have a personal matter to discuss with you. "

"If your Holiness can come tomorrow morning in the palace, we can sit in luxury. It is the middle of the court. Otherwise you want, I can just miss the court, and tomorrow."

He said, "No, no, no, no. I'll come tomorrow. What time?"

He said, "Eight o'clock?"

"Thank you."

He court, all court stood up, he went, court sat down, king sat down, they did their job. So next morning he told the palace and the imperial palace guard there is a one fakir, I don't know who he is, but he is going to come. So for God's sake, pave the way. So when this fakir came, the people of the emperor on the instruction take rose petals and put on the path, they can't put on him, because he is a fakir, so put on the path so he can walk. It is a recorded fact, they make foot and half depth of the rose petals, so this fakir can walk and not his feet touch the stone of the earth. Good reception. He came in. And he saw Akbar sitting and praying. When Akbar finished his prayers, he turned round, he saw him standing on his head, he say,

"Oh, I was just little late, I was praying." He say, 'Yeah, yeah. Come on. Where we sit and talk?"

he totally slapped his right arm and he say, "You wasted my time."

"How do I waste my time, your time?"

He say, "I was going to come and ask you some things. You are a beggar, how can I ask you? You idiot you lied to me. You were just now begging. You were asking God to help you to understand me, right?"

He say, "Now you know, I was afraid, I never knew what you will ask."

He say, "You junk, you never had experience of God. You think He sent to me to you and He won't give you what I want? He acts through."

Everybody is a mean to end in the will of God. Nobody is independent. Everybody independent to be dependent. That's all you are. Everybody is independent. It's independent to be dependent. And you get dependent to be independent. Don't you depend on a driver of a car? So you ca reach a station? Don't you depend on a captain of a ship to fly you through United States? You are all independent only to depend. And if you don't depend gracefully, you create a mess. Your problem is not whether you know or not, you are right or you are wrong, you are holy or unholy, you are beautiful or ugly. When you are independent to depend, and you do not depend gracefully, you create a mess for you and for that you are always punished. If you do not opt the discipline, you are dropped. And that's painful.

You can get out of all the problem if you a pact between you and your consciousness and your intelligence. And that's called surrender. Then you follow the tact, that's called obedience. Then you follow the act, that's called service. Then you have to create a impact, that's called love. Then you will have identity and you will reach a selection and you will be one of the select, and that's called excellence. Rest is nuisance. Because honor can only be bestowed, it cannot be conquered. When you reach a honor, it's called state. And which you get it, is called status. When you live it, it's called statement. And that is what life is meant for. Commitment. You are meant to commit. There are seven set of happiness. You commit, because you are meant to commit. It will give you character. Character will give you dignity. Dignity will give you divinity. It will give you grace, it will give you power to sacrifice, they give you happiness.

All holy men, all men of God, either die a by a bullet, or by a knife, or by insult, or by attack. By the most inferior, the highest die in the hand of the lowest. Jesus by Judith, Guru Arjun by Gangu, Jahangir, Aurangzeb, Guru Gobind Singh, name anybody. Why? Status of this life is fearlessness. these are three aspect of God. Akaal murath, you are pictorial God, you are neither born insane, nor you have to live in guilt. You are pictorial God, you are God now, where are you?

You can never find God outside, you will never find satisfaction outside. You will never find happiness outside. In the beginning you are, in the middle you are, in the end you are, there is nothing beyond you. You cannot be told that you are you, because we need your money. We men of God need your money, your appreciation..... We are the biggest professional thieves in the name of God. Highly spiritual. That is what Guru Nanak said,  
“Kaal khaayey ku jab ”

what you are, earn your own bread. Eat it and share it. Then you will know what bread means. He was a guru of the householder. He elevated people. He was a forklift. He put everybody on the rail and pushed them. He was a man of the new age with reality of the thought. He never got caught into the bash of the religious non-reality. He did not establish human identity by status, but by action and statement. He did everything in life what a man is supposed to do. Today our life needs happiness. It has to follow the same rule, same suit.

I was talking to teenagers today. They are innocent. The psyche of child is three point onward, and total psyche in 3.5. Our adult psyche is two point something or it starts from 0.7, that's the worst. And that's average. Now how can a child with that psyche cannot seize parents' mind? Living on unrealistic life? Hustling for money and talking of God? Ego maniac, sharing the lives with them all the time and the poor thing is neither a participant nor has any identity, it's just a observant. And when child observe all that in silence, it's all done, it's damaged. Then we blame them. Then they take drugs, they get spaced out, but what should they, where they go? You are the only one. And over and above we kill them by being leaning on them.

Can you believe? If I have never seen a dollar, somebody give me a million dollar in a box, my heart will fail. Then we lean on them. And then we are so coward, you know, where the children love cowardness? When it's wrong, parent is the first one who freak out. They can't confront, you can't confront your own child. So you have two rules. One for the world, one for the state and one for your home, and one for your children. What kind of justice you do? Who are you? You administer everything by your belief. Not by your reality, not by your wisdom. You know how stupid a human is? Your belief is yours. It's not mine. Will never be, can't be. That's why God give you reason and logic, argument, statement.

Tonight, because we are in that mood, we **will go into ultra trance. Ultra hypnotic trance. It's an experience.** It doesn't need you for anything special, but just a humble cooperation. And whenever you want to drop out of it, please drop and you can never catch it again, because we'll proceed. So if you stick around and keep up, it will be a fine experience, otherwise this beautiful night will be wasted, temperament and temperature is very fine, electronic magnetic field is heavy, and atmosphere gave us a good day. Let us exploit it. (27)

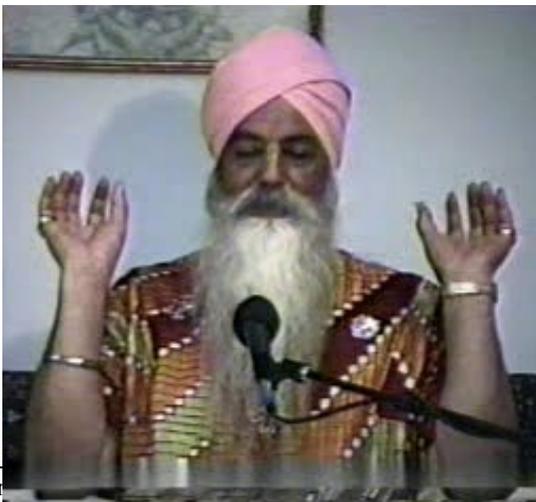
**Please sit down comfortably.** We are getting today out of the death of fear in trance mega hypnotic sense of ultra psycho magnetic field, will change our frequency, there will be little difference in between because parasympathetic will put pressure on the pituitary and the glandular system and your body may react little bit. But in case of that, if you **just control your breath and make it as long and as slow and keep it conscious. Don't breathe automatically,** you will go through all this, otherwise you lose the grip. There is no other way to look at it. Okay?

Now. Please sit comfortably as you can. Take your both hands and turn them into a lotus, holding the rainwater in the palm. This is very important that you push your hand this way.

Normally you do this. I'll do this. Hold the two cups. It will be little painful for you who are likely to get arthritis in life. There is a sign of checking arthritis. If you cannot hold the water in the rain outside, you are a subject for arthritis, it means your circulation and your body fluids have gone. So simple.

And normally, in the west, hands go like this. No, just like this. **Kriya 31 minutes: Balance it here and sit tight and put your fingers straight up, make it into a lotus flower.**

**Now close your eyes and open your mouth. And breathe in and out.**(1 minutes) That is to clear the lungs, keep the mouth open, in a ring form, don't close it, breathe through it back and forth. Absolutely scientific, there is nothing to it, if you do this exercise too much, you will have hyperventilation and that will be very sickening. But at a little while, just to open the lungs to clear it, add some oxygen, just do it. Watch your hand and watch your palm, just now the blessing will come and it must stay. That's what religiously the fanatic will say.



**In** **dy to the energy to every corner of the muscle and the tissue. Let it go.** Inhale deep, exhale deep. **And now please hold it out, all the way out, all the way out, hold it tight, all the way out, out, out, out. Inhale deep and now please just understand, expand, expand your horizon, expand, expand your horizon expand, expand, expand, expand, expand your horizon expand, expand, expand, expand, expand your horizon expand...** This is what your thoughts are.

Self-hypnosis what your life is. Self-hypnosis what you are. Self-hypnosis which you move live and believe. Self-hypnosis all what you know or think and imagine. It's not that you don't live by self-hypnosis, simply you don't know. Here you are consciously causing yourself the beautiful self-hypnosis in this posture. This posture will carry you through. This

posture is simple. Your hands are holding the cup of life. Your hands are holding the cup of life in the lotus flower of the the cup is held by the mercury, the planet, by the sun, the planet, by the Saturn the planet, by Jupiter the planet, and id the planetary configuration of all strength. That's the remainders.

Now, now, the only thing which you have in your hand, the mount of the moon, and the mount of the Mars and mount of the Jupiter underneath with the mounts, but also you have mount of love. The cupid is in your hand. Without cupid, you are stupid. And there is a mount under your ego, it's called mount of winners. So you have everything the palm of your hand. Make it like a holding a cup and cup of life. Now feel this cup, held in the palm of your hand, held in the palm of your hand and in the left cup, there is a little tree of life, color is blue and is bright and beautiful. This is the tree of life. Blue represent purity. Blue is blue. Blue is a cup. In that cup, there is a tree, a blue tree of life, bright as a tree. It's life. Purity is life, purity is power. And on the right hand, in the cup there is a tree of life, but that's death. And that's red. On the left hand, the blue tree of life and the right hand is the red tree of life, being held by the cup of your hand, by all stars' energy and please hold them.

You are holding two trees of life in the beautiful cup and cup is held in your hands.

Now let us do the transcendation. Transcend this and around the tree please create a circle of light of thirty trillion Gods dancing. Death is a answer to life. Life is a answer to death. They are inseparable. If you have no fear of life, wrong, you are so afraid of life, that's why you do all these hankie-pankies. You are so afraid of death, you all miserable and scared. That's what ego does to you. You are nothing but a byproduct of fear. Where there is fear, there is no love. Where there is a ego, there is no amigo.

**Make a impact with yourself. Pact, tact, act, create a impact. Create a hypnotic trance and impact.** You are holding the two trees in your hand, breathe consciously. Only the key is control the breath and breathe consciously. Don't be automatic. You will enjoy it. If you control your breath to the longest, to the deepest and to the slowest and conscious, you can create a great impact.

Dive in. Hypnosis are very simple. Imagine it, feel it, be it, and believe it. And you do it every time. This is what you do all the time, all your knowledge, belief, faith which motivates your action is based on your personal hypnosis. You will push everything you say with my experience, knowledge and all that it's nothing, it's your trance. Your hypnotic trance.

(38) Don't throw away those most beautiful little trees. That blue and red. Don't pass out. Hold them consciously at least, obey once a while. Alternate your control from pain to strength. Alternate, you are entering a era, your body will not obey you. It like a child, when they have got three year old, they start saying "No" to everything. Your own body will start messing you now. When it says,

**"Oh, I am hurting, shut up. Oh I can't do it. Go to hell."**

Because you are not body, you are not mind, you are the spirit. Holder of the soul. Custodian of the soul. Your smallness limits you, the vastness extend you. Hold the tree of life and death. Comfortably. And excel. One who can handle and hold life and death can handle the universe. Go into this hypnotic trance. Make it real. Let it be. Let it be. Let it be. Let it be, let it be, let it be. Get into your subtle self, let it be. Sukshu. Subtle. Bring home the trance that you are holding the tree of life and tree of death. Blue in color and red in color, same size, same thing bright, beautiful. And small little beautiful cup. In cup of life there is a tree of life. In cup of life, there is a tree of life. In cup of life there is a tree of life. In cup of life there is a tree of life. In cup of life there is a tree of life, in cup of life there is a tree of life. Hold it or throw it away. Hold it in trance. Don't hold back, hold the cup of life and tree of life. Tree of life is blue in color, like a gas, flame of the gas. Other one is a just simple red color and is a post box red.

Transcend. Transcend, transcend. Lift up. Shoot out. Hold both trees and now angle out towards Infinity and let your body heal. Play the "Heal me." Leave the body out and let it heal. Give it a real rest. Cut out of it. Holding both trees, going upward, shoot out. (44,30)

(The tape "Heal me, love me....." is played).

(The tape continues).

YB (talks over tape): Heal, heal, heal. Heal natural process..... Hold the cup of life in palm of your hand, in left the blue and right the red. Holding the tree of life, shoot out of your body. It will give you vitality youth back. Shoot out, leave the body to repair itself.... Breathe consciously and shoot up. Give body chance, you are doing wonderful. Just concentrate little bit. Little bit on the "I am." Penetrate upward, change .....

(The tape stops). (52,34)

YB: Now come to platter of a , soothe out. You know, in hypnosis people can stay up in the middle in the air? There is no much drama and it is real. Just mind over body. Now face is the index to the soul and face of a angel cures the devil.

(The tape, "I am bountiful...." is played).

YB (talks over tape): Make your face happy, happy and smiling. Face. Face, face, happy ..... happiness, happiness. Smiling, bright happy face. Just transform your and angle . bliss, bounty will come to you. The only the beauty and bounty will come to you if you have a bliss face. Bliss it. For a change, . Make your face and bountiful, beautiful, blissful..... Bliss, bliss, bliss..... more than to be blissful , garbage face, . That's a real makeup. Happy, bliss. That is I am, that is divine. (58) Now sing , loud and clear..... Let the heavens listen, let the angels hear. Put your spirit on line.... Rise, rise, rise. Rise from the dead..... Rise, drop your dead face.... Loud, loud, be the thunder, be the lightning.... That's it. Now become the thunderbolt. The lightning. Drop your dead serious neurotic face. Get over this nonsense and make sense.....

1'00 DANCE 3 MINUTES: : **Now clap and happy and dance. Up. Stand up and dance. Clap. Change the gear. Aha, aha..... Too much food, ha. .... Too much food, too much chapati. Loud, loud, loud. Dance like the , sing like the ..... Sing and dance.....**

(The tape ends).

YB: **Inhale deep. Deep, put your hands up and stretch your body all the way like huge self. Stretch it, stretch it, on your toes, stretch it. Stretch. Let it go. Once again, inhale deep, Guru Kaur don't cheat, do this exercise. Stretch, on your toes, hold the breath, stretch, stretch, go, go, go. Exhale. Not sitting yet, inhale again. Come on, breathe deep. Stretch, on your toes, tall, walk tall. Relax and sit down. Sit, sit. . Didn't cost anything extra, did it?**



If you do not transcend your trance into the alternative of the ultra trance, your body will deteriorate, your wisdom will fall apart, you will act crazy. Your life act on the hypnosis. It's automatic. Your belief is your personal hypnosis. Your faith is your personal hypnotic sense of justice. Whether you are lunatic or you are very wise, or you are philosopher you are crazy, or you are professional, it's just hypnotic ego. You are not real. You don't talk real. That's why, when you are out of your hypnosis, you are always sorry. That's why the only you know, apology, sorry, maybe.... You know. Your entire misery based on your self-hypnosis. Why not to have transcendent hypnotic self-experience, so you don't have to do that little thing? It's very simple. It's a simple way of new age. To cut down suffering. You want to learn from books and from scriptures, and God knows whatever you want to learn. Nanak said simple thing.

“Seay, siyanapaa lakho ek na chaley.”

one line . If you have hundred million thousand time of wisdom, schemes and plannings, nothing will go with you. The only thing will go with from here, you are innocent, and you obey it everything innocently. And once you obey, you can command. Doctor tells you something. He commands you. You take the medicine, you obey, you get healthy.

And you are interdependent. You are independently dependent. You are obediently commanding. You are commandingly obedient. They can't go anywhere. But when your ego clashes that is what you are in, in wrong hypnosis. In that hypnotic stage, you mess up everything. You put your blinders on. And because you have emptiness, push yourself. You want to be felt, you want to be known, you act crazy. What is that? People take drugs. So what? They don't know how to handle their life. Teenager taking left and right drug. They don't have values. They have no experience . That they want to space out, because they don't find any space in the house, any space in the family, any space in the society. There is no guarantee, there is no billboard will say,

“TEENAGERS, YOU ARE THE AMERICA'S TOMORROW. FROM CALIFORNIA TO MANHATTAN ISLAND, ALL BELONGS TO YOU.”

Have you one billboard in this whole country? Have you ever showed your children all is your plus? You know how treacherous you are? And how unpatriotic you are? You can't handle your own tomorrow? You talk of religion, you talk of God, you talk of Dharma, God knows where you get all that talk. Talk doesn't walk. Action walk. You have no action towards tomorrow. That's why your every tomorrow is full of sorrow. You all talk of yesterday or you all talk of today. Neither yesterday you can bring back nor today you can stop, tomorrow has to be faced. And don't face it, let it be. You are scared. You are crazy little scary kids. As humans. You are in the darkness, you are not lit, you are not a human. That's why you are scared tomorrow, what will happen tomorrow? Either I can live or die.

When I was in army, they used to if you are in the army or in the civil, don't worry. If you are in the civil, don't worry. You are not in the army. Okay. If you are the army, don't worry. If you are in the rear, don't worry. If you are in the front, then you have to worry. But if you are in the front, you are fighting or you are non-fighting. If you are not fighting don't worry. If you are fighting, then you have to worry. Either you are injured or it is fatal. If you are fatal, don't worry. If you are injured, Red Cross will take care of you don't worry. . And if you worry, what you can do? Whenever you worry, hurry, you mess up the curry. Your life becomes a mess. And when you show your amigo ego, you lose your amigo. Whenever... It doesn't matter who your relative is or whatever. In any part of the life, when you show your ego, you lose your amigo. You have to do it because you are always in a hypnotic trance. You are into so much of your you, nothing else exist. You are so bewitched by your fear of tomorrow, you have actually no tomorrow. It's not bad.

Tomorrow will not be bad. How many tomorrows you have faced so far? Put your age, multiply it 365, that many tomorrows you went through. If by the will of the life, and that of the will of the giver of the life, you will get up tomorrow, you will be okay. You should only worry if there will be no tomorrow. If there is no tomorrow, why to worry? You have nothing to face. Ha? If there is tomorrow, you don't have to face. Because yesterday you didn't face tomorrow you went through. You always want to face tomorrow and you never and you couldn't and you cannot, that's the tragedy of life. Tomorrow will face itself. It doesn't need you. Because, this damn tomorrow is yours, without you it has nothing. So, we never argue, why should it?

Your dog will never bit you and your God will never abandon you. Just remember two things. Your student will always try to betray you and your child will always leave you. These four things are facts of life. Because every student will try to become a master, he wants to jerk you out. Every child of your wants to be head of the household, he will lie to leave you. Your dog will never bite you. And your God will never abandon you. Because this big God you are talking about without you has nothing. what is God? Tell me.

The tragedy of tragedy of the Picean religion, all Picean religions are religion of tragedy, guilt, and sin. Because the man of God wants your money. He is after your wallet. That's why churches are bigger than your home. Priests are richer than you. They tell you what to do and they do not know what is what. They cannot transcend the trance. Have you seen a rabbi, rabbi, a father, a padre and a pundit and a mullah sitting on a table and playing Gods? Have you any idea? Hmm? They can't. Have you seen the team of the mullahs and team of the rabbis playing football? They won't. They can't. Have you seen the archbishop and the mahapundit and mahagiani and peer sitting together, have a cup of tea and telling each other jokes? These are the most stupid status people. They live in their ivory palace. And cocoon. They can never come down. They already frozen in their status. That's never the life. But that was Picean Age.

Aquarian age which you are entering into in next twenty years, twenty one years, you will be all gone, or you will adjust to it. It's the age of knowledge, it's the age of self. It's the age of trust of each other. It's not the age of winning, it's the age of giving. In your hypnotic, neurotic, trance, you want to win over each other. And there is a older saying, and saying runs like this:

"Oh, Grand Master, you have many, many, many disciples. And they are serious and they are disciplined to see your and they want your seat. Oh, great father, you have many, many children, they are all growing in love and affection to replace you tomorrow as a head of the family."

The dog is opposite of God. Shall never bite the master. If you have a dog and you have a son, you yell and scream at son, see the reaction. You yell at dog, it will put his head down, it's tail will wag and it'll say, , that's all. It won't go anywhere. And God shall never abandon you. God is the giveth of life, so long you breathe you can face your tomorrow.

You know moment in your life when you never get up, that moment is , in which you sleep, you are never know man or woman you are, religious or non-religious you are, naked or clothed you are, old or young you are, you have no duality. I am not talking of dream stage of sleep. In sleep you have . In which you are totally in unisonness of oneness of God. That is your ultimate death and then you get up and that's your life.

Within twenty four hours or seventy two hours, in thirteen days you must go through this one transaction. thirteenth truth, you have nine holes, two hands and two arms. You have thirteen organs of movements, senses and all that. And in that, in thirteen days, you shall transfer this body into the ultra unconscious to conscious called life. Normally you do it everyday or every two days, or every three days or five days, once your body must go to that sleep. When you do not know and you become the unknown to yourself and you experience the unknown. Without the total experience is unknown, you cannot live.

And in next class, we will experience the unknown and etcetera and etcetera.

YB & Students sing "May the long time sun shine....."

YB: Let your God bless you, let your consciousness guide you, let your truth prevail on you, let your obedience and discipline give you power of victory, conquer and success. Let your wisdom give you the excellence, and may you be beautiful, bountiful and blissful in the creative sense of Almighty God and yourself. May your love and affection not judge and be judged. Let you excel and resurrect over great and small. May the guidance unknown hand guide you to known fact of your joy, bliss and peace. Sat Nam.